

OPEN HOUSE 2011

Relax, Enjoy Refreshments & Attend Complimentary Lectures

- Info on Course / Curriculum & Career Opportunities
- Natural Health Exhibit
- Book Sale
- Live Blood Cell Microscopy Sessions
- Win Door Prizes

Saturday Nov. 5th 9:30 am - 3:00 pm

North York Campus, 416-386-0940

18 Wynford Drive Suite #514

(North of Eglinton, East of Don Mills)



Saturday Nov. 19th 9:30 am - 3:00 pm

Mississauga Campus, 905-615-9090

201 City Centre Drive Suite #409

(North of Burnamthorpe, West of Hurontario at Square One)

9:30-11:00 am

Herbal Medicine:

The Power of Home Herbal Remedies

With Eva Cabaca, MEd, C.N.P.

11:30-1:00 pm

Nutrition and the Environment:

GMO Foods: Problems & Solutions

With Sarah Dobec, BA, C.N.P.

1:30-3:00 pm

Nutrition & Health:

Fats: Myths & Truths

With Susan Skillins, C.N.P. R.O.H.P.

The Institute of Holistic Nutrition

THE INDUSTRY LEADER IN TRAINING

NUTRITION PROFESSIONALS

9:30-11:00 am

Preventive Healthcare:

Water: For Health & Healing

With Timothy Marshall, C.N.P. R.O.H.P.

11:30-1:00 pm

Nutrition & Health:

Are You Getting Enough Fat?

With Paul Demeda, C.N.P. R.N.C.P.

1:30-3:00 pm

Nutritional Symptomatology:

Optimal Digestion for Life

With Josh Gitalis, B.A (Hons) C.N.P. R.N.C.P.

View Lecture Descriptions at

www.instituteofholisticnutrition.com